



**U.S. Department
of Veterans Affairs**

Veterans Health
Administration

Northern Arizona VA Health Care System (NAVAHCS)

The VA Caregiver Support Program

Presents

National Caregiver Month

**In recognition of our Amazing
Caregivers throughout the month of
November!**

When it's time, join your WebEx meeting
by clicking the link below or calling 1-833-
558-0712 here.

Meeting # (Access Code): 2762 048 4272

Meeting Password: Caregivers2021!

If anyone has questions, please
contact Laura Priest at 928-445-
4860 x 6103.

[Join meeting](#)

WEEKLY SESSIONS:

NOVEMBER 3RD @10AM- 11AM
RELAXATION/BREATHING
TECHNIQUES

NOVEMBER 10TH @10AM- 11AM
PROVIDER Q&A PANEL-
DISCUSSING PTSD, DEMENTIA,
SCI, TBI AND MORE

NOVEMBER 17TH @10AM- 11AM
RESOURCE INFORMATION
PRESENTATIONS TO INCLUDE:
LINKS, CONTACT INFORMATION
AND COMMUNITY PARTNERS
WITHIN THE AREA

NOVEMBER 24TH @10AM-11AM
DRIVE THROUGH VA- GOODIE
BAG PICK UP

CAREGIVER SUPPORT PROGRAM

NAVAHCS
500 HWY 89N
Prescott, AZ 86313

<https://www.prescott.va.gov/>

(928) 776-5352